

# Wellbeing Health Check

## From CHM analysis to the Wellbeing Roadmap



As an employer, are you promoting the health, satisfaction and motivation of your employees? Take advantage of the Friendly Work Space Check from Health Promotion Switzerland to analyse the current status of your Corporate Health Management (CHM). Our consultants will then evaluate your present situation, show you where there is potential for optimisation, and work with you to develop a Wellbeing Roadmap that will ensure your employees' sustainable wellbeing.

### How we work

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Where does your company stand regarding Corporate Health Management and wellbeing culture? We will support you with an in-depth appraisal of your current situation and then help you develop your roadmap, with effective measures for action.

#### Self-assessment with the Friendly Work Space Check

The FWS Check from Health Promotion Switzerland offers you the opportunity to assess the overall quality of your health management as well as its strengths. Friendly Work Space applies six CHM quality criteria that provide you with a guideline for a systematic in-company analysis.

#### Evaluation by HR Campus

Our consultants will support you with evaluating the results of your self-assessment. We will evaluate the initial situation and the potentials for improving your Corporate Health Management.

#### Joint workshop

### How you benefit

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- Appraise the current situation of your Corporate Health Management
- Evaluate potential for improvement
- Wellbeing Roadmap with actions to take
- Partial financing of CHF 1,500 by Health Promotion Switzerland is possible

In a workshop format, we will join with you to discuss priority areas for action and steps to optimise health management in your company. We will also work together to create your Wellbeing Roadmap. We will assist you with developing the strategy and supporting the culture that will ensure your employees' long-term wellbeing and satisfaction.

